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Munich, November 2019

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## **Flamenco Flavoured ATS® „Mueve El Mantòn“ with Agatha**

**a Workshop Series hosted by Freddie Kaz**

**1st March, 10th May and 26th July 2020**

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Agata Zakrzewska is dancer, choreographer and teacher of ATS®, tribal fusion and Egyptian style belly dance based in Warsaw, Poland. She started dancing in 2007 and immediately immersed herself in taking multiple classes a week and workshops every weekend. In 2009 she co-founded the first ATS® troupe in Warsaw: The Siren Society.

In her pursuit of knowledge Agata has travelled to workshops and intensives all over Europe, as well as Egypt and the US. She has studied with the biggest names in the field. She is a FatChanceBellydance® Sister Studio. She also did the Technique for Teachers training with Carolena and Megha twice - in UK in 2016 and in the US in 2019. Agata was the first teacher in Warsaw who taught ATS® FCBD® style – her work contributed to the popularization of ATS® in Warsaw and to the emergence of new groups of dancers. Since 2013r. together with Katarzyna Lidia she works on developing flamenco-inspired movement dialect, which they perform with their troupe The Siren Project. Agata teaches and performs in Poland and abroad. So far she taught ATS® or ATS® dialect with props in Italy, France, Austria, Russia, Ukraine. She performed together with Kristine Adams, Kae Montgomery, Devi Mamak, Wendy Allen, Sandi Ball and many other amazing ATS® artists. She also performed with live music bands and participated in many collaborations and projects. She is passionate about pure ATS®, but is also experienced with props: manton, fan, skirt, sword. Since 2016 Agata also runs Hamsa Dance School - one of the biggest Polish oriental and tribal dance schools.

Take advantage from workshops carefully chosen and prepared by our fabulous FCBD® Sister Studio from Poland, that offer you knowledge based deep in the roots of American Tribal Style®.

NEW ADDRESS - PLEASE PAY ATTENTION!!! The Workshops will take place at:

TSV Jahn Freising  
Fischergasse 23  
85354 Freising

Regarding the high request for spots from all over Europe, I would like to emphasize that all registrations will be made on a “first-come-first-served-basis“. To secure your spot on this workshop-special, please read through the instructions below carefully!

Please fill out and send this application to me and wait for my response, that will give you further payment informations!

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## **Flamenco Flavoured ATS® „Mueve El Mantòn“ with Agatha**

**01.March, 10th May and 26th July 2020**

Hosted by Freddie Kaz @ TSV JAHN, Fischergasse 23, 85354 Freising

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### **Sonntag 01. März 2020 - 13:00 bis 15:30 Uhr - Introduction to „Mueve El Mantòn!“**

Flamenco feeling in ATS® means: a beautiful posture, flamenco arms, floreos, the specific energy of the movements. This workshop will focus on flamenco-inspired technique in ATS® Classic, Modern and Movement Dialect. We will be learning and drilling the steps we will need for „El Mantòn“, with focus on transitions and connecting the steps with the music.

### **Sonntag 01. März 2020 - 16:30 bis 19:00 Uhr - ATS® Movement Dialect with Mantòn - Basics**

The spanish Shawl called El Mantòn is a very powerful and elegant prop, it emphasizes the movement and can even change the character of a step. The workshop will be an introduction to this prop; We will learn how to work with the Mantòn, how to hold it, basic Mantòn techniques, connecting the Mantòn with basic ATS® movements and forward to an introduction how to improvise with „El Mantòn“

**Please bring a Mantòn 130 cm – 150 cm length on the side, with 30cm fringes is highly recommended**

### **Sonntag 10. Mai 2020 - 13:00 bis 15:30 Uhr - ATS® movement Dialect with Mantòn - Fast Vocabulary**

The Spanish Shawl called „El Mantòn“ is a challenging and mesmerizing prop: It emphasizes the movement and can even change the character of a step. The workshop will cover a review of the basic Mantòn Technique from the earlier workshops and we will be adding more and more ATS® steps to our vocabulary, mainly the Fast Steps.

### **Sonntag 10.Mai 2020 - 16:30 bis 19:00 Uhr - Group Dynamics - Mantòn in ATS® Formations**

This workshop is focused on perfect synchronisation between dancers. We will learn how to use the Mantòn in the most creative and effective way in groups, how to work on our connection with other dancers when we dance with the shawl.

**Please bring a Mantòn 130 cm – 150 cm length on the side, with 30cm fringes is highly recommended**

### **Sonntag 26.Juli 2020 - 13:00 bis 15:30 Uhr - ATS® with Mantòn on the next level!**

The most complex steps with Mantòn will challenge you in this masterclass workshop: We want to add the rest of the Fast vocabulary. We will also work on using them in fades, in a circle and in duet passages.

### **Sonntag 26.Juli 2020 - 16:30 bis 19:00 Uhr - Mueve El Mantòn! Creative Performance**

What is the final aim to achieve after rehearsing so hard? Hit the stage and conquer their hearts!

We will learn how to prepare an effective and beautiful performance - The Siren Project style. We will work on improvisation and on a short choreography, to compare the two possibilities. We will also add a few slow steps with manton, so we are able to interpret a mixed song.

**Please bring a Mantòn 130 cm – 150 cm length on the side, with 30cm fringes is highly recommended**

**STUDENT APPLICATION and STUDENT REQUIREMENTS**

Students must be proficient in English, or must supply their own interpreter. Class size will be limited to 25 students. This weekend is **designed for Intermediate dancers**. You must have profound ATS® knowledge in Level 1 and good knowledge in Level 2.

**Students must completely fill out and post-mail OR scan/photo & e-mail this application to:**

**Katharina Meitzner, Am Bahndamm 9, 85354 Freising / Pulling    E-mail: [kaz@freddie-kaz-tribal.com](mailto:kaz@freddie-kaz-tribal.com)**

Your Legal Name: \_\_\_\_\_

Street: \_\_\_\_\_

City: \_\_\_\_\_

Postal code \_\_\_\_\_

Country: \_\_\_\_\_

Telephone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

**Your choice of workshops (costs are not including food or lodging)**

- Early Bird (all 3 Sundays)      220 € \*\*\*\*\* only available until 31st of December 2019 \*\*\*\*\***
- All Sunday-Pass                    260 € \*\*\*\*\* booking starts 1st January 2020 \*\*\*\*\***
- One single Sunday-Pass          100 € \*\*\*\*\* booking starts 1st February 2020 \*\*\*\*\***

**Your Total \_\_\_\_\_ €            50% of your total as deposit \_\_\_\_\_ €**

Applicant Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**! IMPORTANT NOTES! IMPORTANT NOTES! IMPORTANT NOTES!**

**To secure your spot, the non refundable deposit of 50% must be payed within 10 days from the day I recieved your fully completed application form and sent you my confirmation. Please wait for my eMail with payment instructions, before you pay!**

**Final payment due IN FULL must be done 7 days prior to the event - NO exceptions!**

**First paid, first served. ONE (!) person per application, please. NO REFUNDS! In case you cannot attend the workshops, it is on your own responsibility to contact me and I choose from the waitlist. If there is no waitlist, you have find a dancer that stands in for your spot!**

**For more information, please contact Katharina:**

**<http://freddie-kaz-tribal.com/>  
Katharina Meitzner, Am Bahndamm 9, 85354 Freising / Pulling  
[kaz@freddie-kaz-tribal.com](mailto:kaz@freddie-kaz-tribal.com)**